Interrupting Bullying & Harassment in Schools

Educator Checklist

This list outlines seven areas of focus for developing your own set of actions, determining your assets and challenges, and examining resources for creating a truly safe and friendly classroom and school where all students want to learn and succeed. This checklist is part of the IDRA EAC-South's free online assistance package, Safe, Friendly and Learning Supportive Spaces: Interrupting Bullying & Harassment in Schools.

Know your school’s policies on bullying and harassment

- **School-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit,** IDRA EAC-South
- **Model District Anti-Bullying and Harassment Policy on Transgender and Gender Nonconforming Students,** GLSEN
- **Preventing and Addressing Cyberbullying through Equitable State and Local Policies,** by D. Hinojosa, IDRA Newsletter

Support all students involved

- **“Strategies to Support Bystanders” in Individual-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit,** IDRA EAC-South
- **Support the Kids Involved,** StopBullying.gov
- **How Youth Can Protect Themselves from Bullying,** StopBullying.gov

Interrupt bullying behavior

- **“Strategies to Support a Student Engaging in Bullying or Harassment Behaviors” in Individual-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit,** IDRA EAC-South
- **Respond to Bullying,** StopBullying.gov
- **How to Respond When Students Use Hate Speech** – Some activities for creating a healthy classroom culture, by R. Curwin, Edutopia

Encourage bullied students to speak

- **“Strategies to Support a Student Suffering as a Result of Bullying or Harassment” in Individual-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit,** IDRA EAC-South
- **What Teens Can Do,** StopBullying.gov
- **Why Victims of Bullying Often Suffer in Silence,** by S. Gordon

See the IDRA EAC-South's online assistance tools on Interrupting Bullying & Harassment in Schools: https://idra.news/webInterrupt

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### Discourage Bullying Behavior

- **School-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit**, IDRA EAC-South
- **Classroom-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit**, IDRA EAC-South
- **Get Help Now**, StopBullying.gov
- **How to talk to your children about bullying**, UNICEF
- **Bullying: ‘What Have I Ever Done To You?’** by R. Higgs, STOMP Out Bullying
- **Getting Kids to Take Online Safety Seriously**, by P. Dickenson & K. Snedeker, Edutopia
- **Empowering Students to Curb Bullying**, by J. Spiegler, Edutopia

### Implement a Valuing & Anti-Bullying Curriculum

- **School-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit**, IDRA EAC-South
- **Why Restorative Practices Benefit All Students**, by M.J. Elias, Edutopia

### Use Restorative Practices to Modify Hurtful Behaviors

- **School-Level Strategies: Interrupting Bullying & Harassment in Schools – Toolkit**, IDRA EAC-South

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**Contact Information**

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