



# Educator Workbook to Map Student Reflection Practices

Use this workbook to document what you currently do, not what you hope to do. Honest mapping leads to stronger improvement planning.



## Step 1

# Reflection Snapshot

### 1. Where does student reflection currently happen in your program, classroom or school? (Check all that apply)

- After lessons
- After assessments
- End of projects
- Advisory periods
- College readiness lessons
- Student conferences
- Goal-setting sessions
- Rarely or never

### 2. How often do students reflect?

- Daily
- Weekly
- Monthly
- Only at major milestones
- Inconsistently

### 3. Reflection currently feels:

- Student-driven
- Teacher-directed
- Compliance-based
- Meaningful
- Surface level





## Step 2

# Current Methods Inventory

**1. List all reflection strategies you currently use.**

Method	When Used	Purpose	Student Engagement Level (1-5)

**2. Which methods produce the deepest student thinking?**



## Step 3

# Reflection Quality Analysis

### 1. Rate your current reflection system.

	Strong	Developing	Needs Work
Students analyze their thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Students set goals after reflection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reflection connects to growth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Students use evidence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reflection is consistent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Students value reflection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### 2. What is the biggest strength of your current system?

### 3. What is the biggest gap in your current system?



## Step 6

# Barriers Analysis

### 1. What currently limits reflection quality or consistency? (Check all that apply)

- Time constraints
- Curriculum pacing
- Lack of student buy-in
- Lack of structure
- Unclear purpose
- Limited tools/ and resources
- Staff training
- Other: \_\_\_\_\_

### 2. What are root causes of the biggest barrier?



## Step 7

# Impact Reflection

### 1. How do you know reflection is helping students?

### 2. What student behaviors show reflection is working?

### 3. Who benefits most from your current reflection approach?





## Step 4

# Student Voice Check

**How do students currently express reflection?** (Check all that apply)

- Writing
- Discussion
- Digital journals
- Video reflections
- Peer conversations
- Conferences
- Surveys
- Other: \_\_\_\_\_

## Step 5

# Systems Map

**Map your current reflection system visually below.**

Include: When reflection occurs • Who leads it • Tools used • Outcomes produced • Follow-up actions



## Step 8

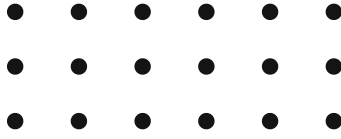
# Reflection Quality Analysis

Does your reflection practice connect to the following?

	Yes	Somewhat	No
Outcome	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Academic growth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
College readiness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self-advocacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Goal setting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ownership of learning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



## Step 9



# Priority Improvements

**1. If you could improve ONE aspect of your reflection system first, what would it be?**

**2. Why does this priority matter?**

**3. What is the first step you can implement within two weeks?**



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